



Harker Heights Senior Recreation Program

May 2024 Newsletter

Harker Heights Senior Recreation
Recreation Center, 307 Miller's Crossing
www.harkerheights.gov/parksandrec
254-953-5683 nbroemer@harkerheights.gov

Message from Harker Heights Senior Program Manager

Hello everyone,

Established in 1963, Older Americans Month (OAM) is celebrated every May. OAM is a time to recognize older Americans' contributions, highlight aging trends, and reaffirm commitments to serving the older adults in our communities. This year's theme, "Powered by Connection," focuses on the profound impact that meaningful connections have on the well-being and health of older adults. What can individuals do to connect? Invite more connection into your life by finding a new passion, joining a social club, taking a class, or trying new activities in your community. Stay engaged in your community by giving back through volunteering, working, teaching, or mentoring. Invest time with people to build new relationships and discover deeper connections with your family, friends, colleagues, or neighbors. Visit the Harker Heights Recreation Center for more information on ways you can connect.



Thank you,

Nichole Broemer, Recreation Center & Senior Program Manager



Harker Heights Recreation Center & Activities Center
CLOSED Memorial Day Weekend
Sat., May 25, 2024 & Mon., May 27, 2024
The centers will resume normal business hours on May 28, 2024.



Pert G.	05/02
Elizabeth S.	05/03
Dalah A.	05/03
Betty M.	05/03
Margaret B.	05/03
Ilonka M.	05/05
Jerry M.	05/05
Linda H.	05/07
Johnna B.	05/07
Nancy R.	05/07
Raul R.	05/07
Joe F.	05/10
Naomi H.	05/11
Maria R.	05/13
Helen B.	05/13
Sylvia D.	05/14
Teri O.	05/14
Melanie W.	05/16
Latoya C.	05/16
Mafalda L.	05/17
Yolanda K.	05/18
Susan C.	05/21
Fang C.	05/21
Jay T.	05/22
Elizabeth B.	05/22
Margot C.	05/24
Dorothy S.	05/26
Daniel M.	05/27
Marion H.	05/28
John S.	05/28
Gladys G.	05/29
Alfred P.	05/30
Jungneem S.	05/30
Charlene B.	05/31
Beytza L.	05/31
Sandy L.	05/31

Did You Know?

- Alan Shepard became the first American in space on May 5, 1961.
- On May 17, 1792, two dozen merchants and brokers established the New York Stock Exchange.
- Amelia Earhart became the first woman to fly solo across the Atlantic on May 20, 1932.
- Telegraph inventor Samuel Morse sent the first official telegraph message on May 24, 1844.
- John Fitzgerald Kennedy, the 35th U.S. President was born in Brookline, Massachusetts on May 29, 1917.
- The first ever running of the Indianapolis 500 was on May 30, 1911.

If your name is missing on the birthday list, we do not have you renewed for 2024.

Monday




Tuesday

Wednesday

Thursday

Friday

Saturday

<p>All activities held at the Recreation Center, 307 Miller's Crossing unless noted otherwise.</p>		1	2	3	4		
		<p>10 am-12 pm Watercolor (\$5 per class) 10 am-2 pm Scrabble 12 pm-3 pm Pinochle 1 pm-4 pm Bunco</p>	<p>9:30 am-10:30 am Stretchercise 11 am-12:45 pm Active Seniors: Bocce 11:30 am - 2 pm OAM Kickoff: Lunch & Movie, Activities Center 1 pm-4 pm Canasta</p>	<p>9 am-11:45 am Pickleball (Non-Res. Fee required) 10 am-2 pm Scrabble 12 pm-1:45 pm Granny Basketball</p>	<p> 9 am - 1 pm Farmers Market Election: 7a -7p</p>		
		6	7	8	9	10	11
		<p>9 am-11:45 am Pickleball (Non-Res. Fee required) 12 pm-3 pm Pinochle 12 pm-1:45 pm Granny Basketball</p>	<p>9:30 am-10:30 am Stretchercise 10 am-11 am Beg. Line Dancing 11 am-12 pm Adv. Beg. Line Dancing 11 am-12:30 pm Armchair Travelers 2 pm-4 pm Ping Pong</p>	<p>10 am-12 pm Watercolor (\$5 per class) 10 am-2 pm Scrabble 12 pm-3 pm Pinochle 1 pm-4 pm Bunco</p>	<p>9:30 am-10:30 am Stretchercise 11 am-12:45 pm Active Seniors: Ping Pong 1 pm-4 pm Canasta</p>	<p>9 am-11:45 am Pickleball (Non-Res. Fee required) 10 am-2 pm Scrabble 12 pm-1:45 pm Granny Basketball</p>	<p> 9 am - 1 pm Farmers Market 11 am - 1 pm Kids to Parks Day 4 pm - 7 pm Senior (50+) Prom, Activities Center</p>
		13	14	15	16	17	18
		<p>9 am-11:45 am Pickleball (Non-Res. Fee required) 11:45 am - 1 pm Lunch & Learn 12 pm-3 pm Pinochle 12 pm-1:45 pm Granny Basketball</p>	<p>9:30 am-10:30 am Stretchercise 10 am-11 am Beg. Line Dancing 11 am-12 pm Adv. Beg. Line Dancing 11 am-12:30 pm Armchair Travelers 2 pm-4 pm Ping Pong</p>	<p>10 am-12 pm Watercolor (\$5 per class) 10 am-2 pm Scrabble 12 pm-3 pm Pinochle 1 pm-4 pm Bunco</p>	<p>9:30 am-10:30 am Stretchercise 11 am-12:45 pm Active Seniors: Bocce 1 pm-2:30 pm BINGO 1 pm-4 pm Canasta 5 pm Ladies Night Out, Taco Cowboy, Belton</p>	<p>9 am-11:45 am Pickleball (Non-Res. Fee required) 10 am-2 pm Scrabble 12 pm-1:45 pm Granny Basketball</p>	<p> 9 am - 1 pm Farmers Market</p>
20	21	22	23	24	25		
<p>9 am-11:45 am Pickleball (Non-Res. Fee required) 12 pm-3 pm Pinochle 12 pm-1:45 pm Granny Basketball 6 pm - 7:30 pm GES: Container Gardening, Activities Center</p>	<p>9:30 am-10:30 am Stretchercise 10 am-11 am Beg. Line Dancing 11 am-12 pm Adv. Beg. Line Dancing 11 am-12:30 pm Armchair Travelers 2 pm-4 pm Ping Pong</p>	<p>10 am-12 pm Watercolor (\$5 per class) 10 am-2 pm Scrabble 12 pm-3 pm Pinochle 1 pm-4 pm Bunco</p>	<p>9:30 am-10:30 am Stretchercise 11 am-12:45 pm Active Seniors: Bocce 1 pm-4 pm Canasta</p>	<p>9 am-11:45 am Pickleball (Non-Res. Fee required) 10 am-2 pm Scrabble 12 pm-1:45 pm Granny Basketball 2 pm - 4 pm We Go Bananas!</p>	<p>CLOSED 9 am Memorial Ceremony & Remembrance Walk, Carl Levin Park Amphitheater 9 am - 1 pm Farmers Market</p>		
27	28	29	30	31			
<p>CLOSED MEMORIAL DAY</p>	<p>9:30 am-10:30 am Stretchercise 10 am-11 am Beg. Line Dancing 11 am-12 pm Adv. Beg. Line Dancing 11 am-12:30 pm Armchair Travelers 2 pm-4 pm Ping Pong</p>	<p>10 am-12 pm Watercolor (\$5 per class) 10 am-2 pm Scrabble 12 pm-3 pm Pinochle 1 pm-4 pm Bunco</p>	<p>9:30 am-10:30 am Stretchercise 11 am-12:45 pm Active Seniors: Ping Pong 1 pm - 3 pm Game Time 1 pm-4 pm Canasta</p>	<p>9 am-11:45 am Pickleball (Non-Res. Fee required) 10 am-2 pm Scrabble 12 pm-1:45 pm Granny Basketball</p>			

OLDER AMERICANS MONTH



POWERED BY CONNECTION: MAY 2024

Celebrate Older Americans Month

Thurs., May 2, 2024 - Kickoff OAM: Lunch & Movie, 11:30 am - Activities Center, 400 Indian Trail
Enjoy a movie and lunch to kickoff Older Americans Month. Movie: A Beautiful Day in the Neighborhood (2019 Rated PG Starring Tom Hanks). Space is limited; pre-registration required starting April 15.

Sat., May 11, 2024 - Senior (50+) Prom, 4 pm - 7 pm - Activities Center, 400 Indian Trail
Celebrate with music, dance, and light snacks. Theme: Night of a Thousand Lights

Mon., May 13, 2024 - Lunch & Learn, 11:45 am - 1 pm - Rec Center, 307 Miller's Crossing
Enjoy lunch and learn from our guest speaker. Topic: Appliance Upkeep & Safety with Repairmen presented by TNC Appliance Services. Space is limited; pre-registration required starting April 29.

Fri., May 24, 2024 - Go Bananas, 2 pm - 4 pm - Rec Center, 307 Miller's Crossing
Our staff is going bananas for our seniors. Seniors are invited for banana splits and ice cream sundaes.

Thurs., May 30, 2024 - Games Galore, 1 pm - 3 pm - Rec Center, 307 Miller's Crossing
Come by the Rec Center to play a variety of games.

For more information email
nbroemer@harkerheights.gov or call 254-953-5683.



Harker Heights
Senior Recreation
Program

2024 SEASON HARKER HEIGHTS CITY HALL FARMERS MARKET

SATURDAY MORNINGS
9 AM - 1 PM

MAY-JULY | OCT-DEC
305 MILLER'S CROSSING

254-953-5493





Active Seniors

Thursdays | 11 am - 12:45 pm

Harker Heights Recreation Center, 307 Miller's Crossing

Active Seniors (50+) are invited to PLAY a variety of recreational activities and games. Each month will be a new activity to keep you moving and having fun.

A great opportunity to exercise and socialize with friends.

For more info, email nbroemer@harkerheights.gov or call 254-953-5683.

May's Activity:

5/2 - Bocce

5/9 - Ping Pong

5/16 - Bocce

5/23 - Bocce

5/30 - Ping Pong



SENIOR (50+) KICKOFF OAM: LUNCH & MOVIE

Thursday, May 2, 2024

11:30 am - 2:00 pm | Harker Heights Activities Center, 400 Indian Trail

Movie: A Beautiful Day in the Neighborhood (2019 Rated PG)

FREE | Space is limited; pre-registration required.

Celebrate Older Americans Month with a free lunch and a movie.

Register by calling 254-953-5683 or in person at the Recreation Center.

For more information email nbroemer@harkerheights.gov or call 254-953-5683.

Lunch Sponsor:
 UnitedHealthcare



POWERED BY CONNECTION, MAY 2024

Kids to Parks Day

Celebrate National Kids to Parks Day with us!

Kids to Parks Day is a National Day of Outdoor Play organized by the National Park Trust.

Learn how to geocache, play lawn games, and visit the Farmers Market.

First 10 participants will receive a Free T-shirt!



May 11, 2024 | 11AM-1PM

Harker Heights Recreation Center (307 Millers Crossing)

Come-and-Go Program. Registration not Required

KIDS TO PARKS DAY
NATIONAL PARK TRUST



SENIOR (50+) LUNCH & LEARN

Monday, May 13, 2024 (new day of the week for May) | 11:45 am - 1:00 pm

Topic: Appliance Upkeep & Safety with Service Repairmen

Presented by: TNC Appliance Services

Harker Heights Recreation Center, 307 Miller's Crossing

FREE Lunch | Space is limited; pre-registration required. | Registration opens April 29, 2024

Register by calling 254-953-5683 or in person at the Recreation Center.

For more information email nbroemer@harkerheights.gov or call 254-953-5683.



POWERED BY CONNECTION, MAY 2024



Lunch Sponsor:
 UnitedHealthcare

City of Harker Heights
Senior (50+) Prom

Saturday, May 11, 2024

4 pm - 7 pm

Harker Heights Activities Center

400 Indian Trail

Free Admission

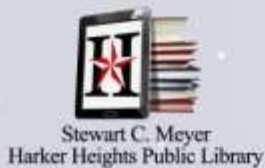
Theme: Night of a Thousand Lights

Dress Attire: Sunday Attire, Business Casual, Formal, or Comfortable Attire

Senior citizens (age 50+) are invited for a prom designated for them only. Celebrate with music, dancing, photos, and light refreshments.

Registration not required. Seniors are encouraged to submit their own prom/dance photo when they were young to nbroemer@harkerheights.gov by May 6, 2024. Photos will be included in a slide show presented during the prom.

Presented in part by:



Food Sponsor:
UnitedHealthcare

2024 BELL COUNTY PEACE OFFICER MEMORIAL



MAY 15, 2024 | 9AM



HARKER HEIGHTS ACTIVITIES CENTER
400 INDIAN TRAIL DRIVE, HARKER HEIGHTS, TX 76548

POINT OF CONTACT: HHPD COMMUNITY SERVICES DIVISION | 254-953-5400, OPT. 5



BINGO

Thursday, May 16, 2024

1 pm - 2:30 pm

Harker Heights Recreation Center
307 Miller's Crossing

For more info, email nbroemer@harkerheights.gov or call 254-953-5683.




Thursday, May 16, 2024

5:00 pm

Location: Taco Cowboy, 7587 I-14 Frontage Rd., Belton, TX 76513

(Restaurant faces Simmons Rd. It is on the corner of Simmons Rd, FM 2410, Knight's Way, and I-14 Frontage Rd.)

LADIES NIGHT OUT

Join others for food and conversation! Each attendee is responsible for purchasing their own supper. Registration is required.
Sign up in person at the Harker Heights Recreation Center, 307 Miller's Crossing.

For more info, email nbroemer@harkerheights.gov or call 254-953-5683.



WE GO BANANAS FOR OUR SENIORS!

Friday, May 24, 2024 | 2:00 pm - 4:00 pm

Harker Heights Recreation Center, 307 Miller's Crossing

No registration required.

Our staff is going bananas for our seniors.

Seniors are invited to enjoy banana splits and ice cream sundaes.

For more information email nbroemer@harkerheights.gov or call 254-953-5683.




MEMORIAL CEREMONY & REMEMBRANCE WALK

MAY 25, 2024 @ 9:00 AM

CARL LEVIN PARK AMPHITHEATER, 400 MILLER'S CROSSING, HARKER HEIGHTS

The ceremony will feature a traditional wreath laying to honor those who gave their lives.
In case of inclement weather, the ceremony will move indoors to the Harker Heights Recreation Center, 307 Miller's Crossing. For more information call 254-953-5466.



SENIOR (AGES 50+) GAME TIME

Thursday, May 30, 2024 | 1:00 pm - 3:00 pm

Harker Heights Recreation Center, 307 Miller's Crossing

No registration required.

Join Seniors for an afternoon of games and snacks.

For more information email nbroemer@harkerheights.gov or call 254-953-5683.



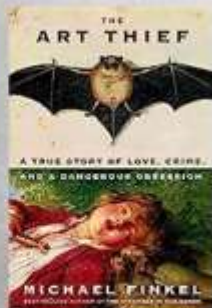
Stewart C. Meyer Harker Heights Public Library 2024 Book Discussion Club

Join our book discussion club for adults!
Enjoy a lively discussion in person at the Library and/or online
the third Thursday of each month at 6:30 pm!

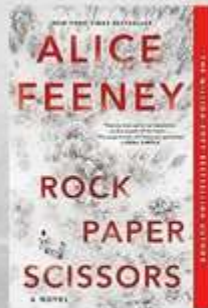
Just e-mail youngblood@harkerheights.gov for an invitation to our
virtual meeting!



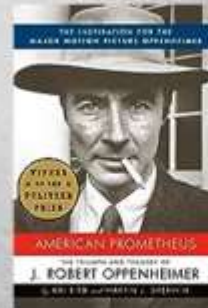
January 18



February 15



March 21



April 18



May 16

Garden Education Series

Container Gardening with Bell County Master Gardener



5.20.24 | 6pm-7:30pm | Harker Heights Activities Center

Registration Encouraged, Walk-Ins Welcome

To Register Scan the QR code

or visit us at the Harker Heights Recreation Center (307 Millers Crossing)